

All the dishes produced by Bath & North East Somerset School Meals Service meet the Government's '**Nutritional Standards**' and are analysed using the '**SAFFRON Nutritional Analysis System**'.

The menu's adhere to the daily allowance guidelines for all 14 nutrients.

The Bath & North East Somerset Schools Meals Service is committed to the Soil Association's '**Food for Life**' initiative and menus have achieved the '**Bronze Chartermark**' standard. Meals are prepared using fresh local ingredients including organic items.

Some fish products meet '**Marine Stewardship Council**' Standards (MSC) and the ingredients used do not contain any of the 22 additives avoided by Bath & North East Somerset in their school meals, see the '**Food for Life**' website for further information.

[www.foodforlife.org.uk](http://www.foodforlife.org.uk)

Having been awarded the prestigious '**Bronze Chartermark Standard**' the Bath & North East Somerset Schools Meals Service is now encouraging schools to '**GO FOR SILVER**'.



Our menus have been compiled to offer children an imaginative range of interesting dishes.

**Quorn** - a quality, purely vegetarian alternative source of protein to meat is used in our menus.

**Free range eggs** used in schools are from farms in Trowbridge.

**Meat products** are bought through a local butcher in Bath who only use UK Local Meat Suppliers.

**Special Diet Requests** - We can cater for pupils with food intolerance. Please contact us on **01225 394424** for further details.



**GOOD EGG  
AWARD**  
COMPASSION  
in world farming

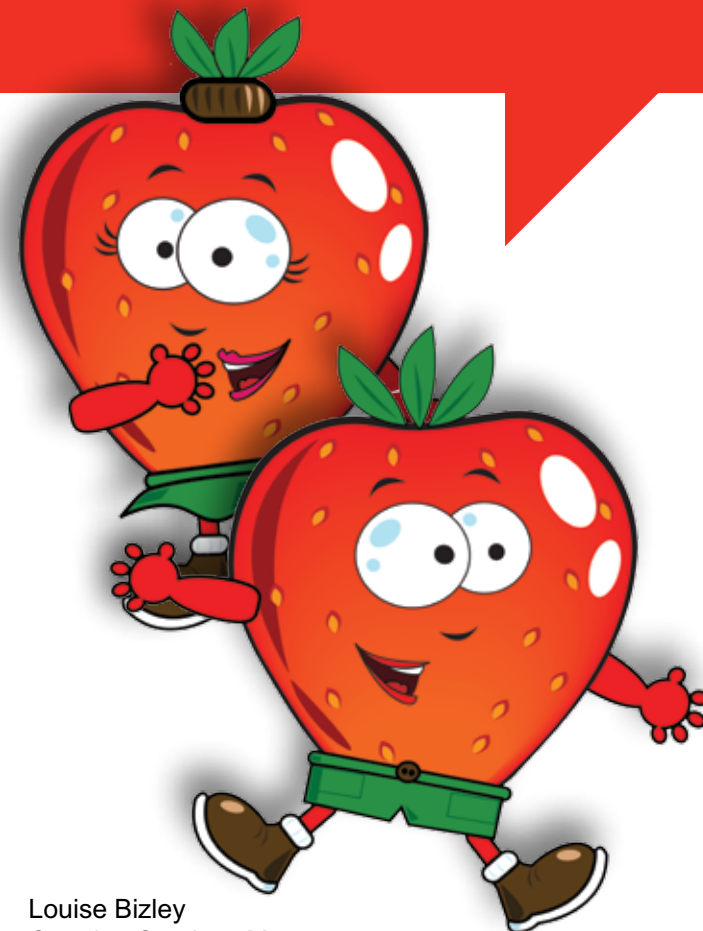
This leaflet about School Meals can be made available in a range of community languages, large print, Braille, on tape, electronic and accessible formats from School Meals Service on 01225 394424.

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# Primary School Menu

September 2011 - July 2012



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**Bath & North East  
Somerset Council**

|                  | <b>Week One</b>  | <b>Week Two</b>   | <b>Week Three</b>   | <b>Week Four</b>   |
|------------------|--|---|---|--|
| <b>Week Comm</b> | 29/08/2011, 26/09/2011, 24/10/11, 21/11/2011, 02/01/2012, 30/01/2012, 05/03/2012, 02/04/2012, 07/05/2012, 11/06/2012, 09/07/2012   | 05/09/2011, 03/10/2011, 31/10/2011, 28/11/2011, 09/01/2012, 06/02/2012, 12/03/2012, 16/04/2012, 14/05/2012, 18/06/2012, 16/07/2012  | 12/09/2011, 10/10/2011, 07/11/2011, 05/12/2011, 16/01/2012, 20/02/2012, 19/03/2012, 23/04/2012, 21/05/2012, 25/06/2012  | 19/09/2011, 17/10/2011, 14/11/2011, 12/12/2011, 23/01/2012, 27/02/2012, 26/03/2012, 30/04/2012, 28/05/2012, 02/07/2012   |
| <b>Monday</b>    | Pork Sausages with Onion Gravy, Quorn Balls in Gravy, <b>V</b><br>Pasta / Choice of Potato, <b>V</b><br>Peas & Sweetcorn, Mixed Salad. <b>V</b><br>Fresh Bread.<br>Fruit Sponge & Vanilla Sauce. | Various Filled Jacket Potato, Egg, <b>V</b> Tuna, Chilli,<br>Tomato Pasta Bake, <b>V</b> Baked Beans, <b>V</b><br>Coleslaw, Carrot & Orange Salad. <b>V</b><br>Fresh Bread.<br>Ginger Sponge & Custard. | MSC Salmon Nuggets / Fish Fingers, Vegetable Risotto, <b>V</b><br>Baked Beans & Peas, Mixed Salad, <b>V</b><br>Potato Croquettes / Noisettes. <b>V</b><br>Fresh Bread.<br>Chocolate & Pear Sponge with Sauce. | Various Pizza,<br>Roasted Vegetable Wraps, <b>V</b><br>Variety of Salads, <b>V</b><br>Sweetcorn. <b>V</b><br>Fresh Bread.<br>Apple Cake & Custard.   |
| <b>Tuesday</b>   | (Beef) Meaty Bolognese, Cauliflower Bake, <b>V</b><br>Pasta, <b>V</b><br>Mixed Vegetables, Mixed Salad. <b>V</b><br>Fresh Bread.<br>Chocolate Cookie & Organic Milk.                             | Chicken Pie & Gravy, Cheese Ploughman's, <b>V</b><br>Creamed / New Potato, <b>V</b><br>Broccoli & Carrots, <b>V</b><br>Fresh Bread.<br>Fruity Flapjack.   | Beef Lasagne & Garlic Bread, Ratatouille Crumble & New Potato, <b>V</b><br>Broccoli & Mixed Vegetables, <b>V</b><br>Mixed Salad. <b>V</b><br>Fresh Bread.<br>Fruity Jelly.                                    | Chicken Curry & Rice with Naan Bread, Jacket Potato with Cheese & Beans, <b>V</b><br>Tomato & Onion Salad, <b>V</b><br>Peas / Green Beans. <b>V</b><br>Fresh Bread.<br>Ginger Biscuits & Organic Milk. |
| <b>Wednesday</b> | (Pork) Roast Gammon, Stuffing, Vegetarian Sausage, <b>V</b><br>Seasonal Vegetables, <b>V</b><br>Roast / Boiled Potato. <b>V</b><br>Gravy.<br>Shortbread & Milk or Juice.                         | Roast Local Beef, Yorkshire Pudding, Savoury Vegetable Mince in Yorkshire Pudding, <b>V</b><br>Seasonal Vegetables, <b>V</b><br>Roast / Boiled Potato. <b>V</b><br>Gravy.<br>Iced Sponge.               | Roast Turkey, Stuffing, Red Pepper Flan, <b>V</b><br>Seasonal Vegetables, <b>V</b><br>Roast / Boiled Potato. <b>V</b><br>Gravy.<br>Fresh Bread.<br>Carrot Cake.   | Roast Pork, Apple Sauce, Roasted Vegetable Parcel, <b>V</b><br>Seasonal Vegetables, <b>V</b><br>Roast / Boiled Potato. <b>V</b><br>Gravy.<br>Fresh Bread.<br>Banana Flapjack.                          |
| <b>Thursday</b>  | Ham & Pineapple Pizza, Vegetable Curry, <b>V</b><br>Rice, Potato Wedges, <b>V</b><br>Seasonal Vegetables. <b>V</b><br>Fresh Bread.<br>Chocolate & Beetroot Sponge & Chocolate Sauce.             | Beef Meatballs in Sauce, Macaroni Cheese, <b>V</b><br>Rice, <b>V</b><br>Green Beans / Peas & Carrots, <b>V</b><br>Mixed Salad. <b>V</b><br>Fresh Bread.<br>Fruit Crumble & Custard.                     | Fish of the Day, Cheese Pin Wheel, <b>V</b><br>Peas / Tomatoes, <b>V</b><br>Coleslaw, <b>V</b><br>Creamed Potatoes. <b>V</b><br>Fresh Bread.<br>Fruit Cookie & Juice / Organic Milk.                          | (Beef) Cottage Pie with Gravy, Leek & Apple Flan & Creamed Potato, <b>V</b><br>Cauliflower & Carrots, <b>V</b><br>Mixed Salad. <b>V</b><br>Fresh Bread.<br>Orange & Lemon Drizzle Cake.                |
| <b>Friday</b>    | MSC Fish of the Day, Country Vegetable Bake, <b>V</b><br>Peas & Baked Beans, <b>V</b><br>Chips / Jacket Potato. <b>V</b><br>Fresh Bread.<br>Fruit & Ice-cream.                                   | MSC Fish of the Day, Vegetable Chow Mein, <b>V</b><br>Sweetcorn & Baked Beans, <b>V</b><br>Chips / Jacket Potato. <b>V</b><br>Fresh Bread.<br>Chocolate Shortbread.                                     | Pork Hot Dog, Vegetarian Hot Dog, <b>V</b><br>Baked Beans & Sweetcorn, <b>V</b><br>Mixed Salad, <b>V</b><br>Chips / Jacket Potato. <b>V</b><br>Fresh Bread.<br>Fruit & Ice-cream.                             | MSC Fish of the Day, Cheese & Bean Plait, <b>V</b><br>Baked Beans & Peas, <b>V</b><br>Mixed Salad. <b>V</b><br>Chips / Jacket Potato. <b>V</b><br>Fresh Bread.<br>Chocolate Crunch.                    |

Rice / Organic Yogurt Pot or Fresh Fruit Cup available daily.

Vegetables and Salads may change to reflect seasonal availability.

**V** Vegetarian.